

## HILLS FOOTBALL LEAGUE

### DIVISION SPECIFICATIONS FOR 2026 WOMEN & U17/U14 GIRLS COMPETITION

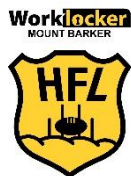
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## Overview of Division Specifications

**A Match day (Marsh) checklist must be submitted via the QR code above for the first game on any oval every day.**

|                                               | Senior Women                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Under 17s                                                                                                                                                                                                                                          |
|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>No of Teams</b>                            | 7 teams                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 6 Teams                                                                                                                                                                                                                                            |
| <b>Players on Ground</b>                      | Max 18<br>Min 14                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Max 18<br>Min 12                                                                                                                                                                                                                                   |
| <b>Interchange</b>                            | Max 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Max 7                                                                                                                                                                                                                                              |
| <b>Age Limits</b>                             | Turning 16 years of age in the year of the competition. (Playing up form to be signed)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Turning 14 years of age and above in the year of the competition. (Playing up form to be signed)                                                                                                                                                   |
| <b>Quarter Length</b>                         | 17 minutes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 15 Minutes                                                                                                                                                                                                                                         |
| <b>Coaching Level</b>                         | Min Foundation Level                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Min Foundation Level                                                                                                                                                                                                                               |
| <b>Trainer Level</b>                          | Min SASMA Level 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Min SASMA Level 1                                                                                                                                                                                                                                  |
| <b>Min No of Registrations</b>                | 14                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 12                                                                                                                                                                                                                                                 |
| <b>Transfers/Permits</b>                      | If a player wishes to play for another club/league other than the one that they are registered to, they will require a general permit in the case of their Club having a bye round..                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                    |
| <b>Umpires &amp; Other Officials</b>          | 2 x Field (provided by League) 2 x Boundary not required<br>2 x Goal (1 per club all games)<br>1 x Time Keeper (home club). Away club may opt to supply as well. Home club Time Keeper has overall control.<br>1 x Scoreboard Attendant (home club)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 2 x Field (provided by League)<br>Boundary not required<br>2 x Goal (1 per club all games)<br>1 x Time Keeper (home club). Away club may opt to supply as well. Home club Time Keeper has overall control.<br>1 x Scoreboard Attendant (home club) |
| <b>Umpires &amp; Officials Attire/Uniform</b> | Field – HFL uniform,<br>Goal – White coat, Vest or Shirt<br>Trainer – White or Pink Vest or Shirt<br>Water Runners – Hi Viz Vest<br>Message Runner- hi viz green shirt or vest                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                    |
| <b>Special Rules for Season</b>               | <p><b>Football games in all Womens/Girls Divisions</b>, for minor round games only, may start with 10 players a side with even numbers up to 18. (All minor round games are to be played with equal number of players on the field)</p> <p>As per HFL By Laws:</p> <p>19.5.3.1 Teams with excess numbers shall lend players to the opposition to even up the number of players on the Field.</p> <p>19.5.3.2 If any Team refuses to offer excess players, those players shall not be entered on the Team Sheet and will not take any part in the game.</p> <p>19.5.3.3 If any Team refuses to accept Players to even numbers up, the Team with the extra Players will be able to field those, Players.</p> <p><b>Home team responsible for returning team sheets (both teams), score cards, time cards and umpire votes to HFL on Monday following the game. Recommend photographing a copy (excluding umpire vote).</b></p> <p>Kicking off the ground (soccering) permitted.</p> |                                                                                                                                                                                                                                                    |
| <b>Season Dates</b>                           | April to August                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | April to August                                                                                                                                                                                                                                    |
| <b>Finals Qualification</b>                   | 4 minor round games                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 4 minor round games                                                                                                                                                                                                                                |



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|                                                                         | Senior Women                                                                                                                                                                                                                                                                               | Under 17s                                                                                                                           |
|-------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| <b>Finals Structure</b>                                                 | Semi Final 1 -1 v 2 & Semi Final 3 v 4<br>Prelim Final loser 1 v 2 and winner 3 v 4<br>Grand Final – winner semi Final 1 and Prelim                                                                                                                                                        | Semi Final 1 -1 v 2 & Semi Final 3 v 4<br>Prelim Final loser 1 v 2 and winner 3 v 4<br>Grand Final – winner semi Final 1 and Prelim |
| <b>Final Dates</b><br>* Finals must finish before men's finals commence | TBC                                                                                                                                                                                                                                                                                        | TBC                                                                                                                                 |
| <b>Break Time</b>                                                       | 5 min Qtr Breaks<br>10 min Half Time                                                                                                                                                                                                                                                       | 3 mins- 5mins-4 mins                                                                                                                |
| <b>Ball Size &amp; Type</b>                                             | Size 4 Sherrin Match Ball (Leather)                                                                                                                                                                                                                                                        |                                                                                                                                     |
| <b>Pregnancy</b>                                                        | The pregnant player or official is covered by the same personal accident policy that is provided for all registered members of the HFL. However, the player or official is not covered if the injury is found to be due to the pregnancy. <b>No cover is provided for the unborn baby.</b> |                                                                                                                                     |

|                                               | Under 14s                                                                                                                                                                                                                                       |
|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>No of Teams</b>                            | 5 Teams                                                                                                                                                                                                                                         |
| <b>Players on Ground</b>                      | Max 18<br>Min 10                                                                                                                                                                                                                                |
| <b>Interchange</b>                            | Max 7                                                                                                                                                                                                                                           |
| <b>Age Limits</b>                             | Turning 11 years of age and above in the year of the competition. (Playing up form to be signed)                                                                                                                                                |
| <b>Quarter Length</b>                         | 12 Minutes                                                                                                                                                                                                                                      |
| <b>Coaching Level</b>                         | Min Foundation Level                                                                                                                                                                                                                            |
| <b>Trainer Level</b>                          | Min SASMA Level 1                                                                                                                                                                                                                               |
| <b>Min No of Registrations</b>                | 10                                                                                                                                                                                                                                              |
| <b>Transfers/Permits</b>                      | If a player wishes to play for another club/league other than the one that they are registered to, they will require a general permit in the case of their Club having a bye round..                                                            |
| <b>Umpires &amp; Other Officials</b>          | 1 x Field (provided by League) Boundary not required<br>2 x Goal (1 per club all games)<br>1 x Time Keeper (home club). Away club may opt to supply as well. Home club Time Keeper has overall control.<br>1 x Scoreboard Attendant (home club) |
| <b>Umpires &amp; Officials Attire/Uniform</b> | Field – HFL uniform,<br>Goal – White coat, Vest or Shirt Trainer –<br>White or Pink Vest or Shirt Water Runners –<br>Hi Viz Vest<br>Message Runner- hi viz green shirt or vest                                                                  |
| <b>Special Rules</b>                          | Kicking off the ground (soccering) permitted.                                                                                                                                                                                                   |
| <b>Season Dates</b>                           | April to August                                                                                                                                                                                                                                 |
| <b>Finals Qualification</b>                   | 4 minor round games                                                                                                                                                                                                                             |
| <b>Finals Structure</b>                       | 3 weeks                                                                                                                                                                                                                                         |
| <b>Final Dates</b>                            | Same as U17G                                                                                                                                                                                                                                    |
| <b>Break Time</b>                             | 4 mins- 5mins-4 mins                                                                                                                                                                                                                            |
| <b>Ball Size &amp; Type</b>                   | Size 4 Sherrin Match Ball (synthetic)                                                                                                                                                                                                           |